

## Vegetarian

<b>Ma Po Tofu*</b> With red chillies and crushed Sichuan peppercorns	14.00
<b>Golden Fried Tofu with Vegetables</b> With mixed vegetables in a mild ginger and garlic sauce	14.00
<b>Aubergine in Spicy Garlic Sauce*</b> Aubergine delicately battered with garlic, ginger, scallion and chilli	14.00
<b>Stir-Fried Vegetables</b>	8.50

## Sides

<b>Wok Fried Greens</b> Stir-fried Asian greens	4.50
<b>Stir-Fried Broccoli*</b> Crunchy broccoli with a hint of chilli	4.50
<b>Dan Dan Noodles</b> A Sichuan street snack. Flat noodles mixed with sesame oil and Chinese vinegar, topped with crushed cashew nuts	4.50
<b>Fried Beansprouts</b>	3.00
<b>Fried Soft Noodles</b>	3.00

## Set Menus

### Menu A (min. 2 persons) 29.00 per person

<b>Starter</b>	Meat Sung
<b>Second Course</b>	Chicken and Sweetcorn Soup
<b>Main Course</b>	Marinated Duck with Plum Sauce King Prawn Kung Pao Style Wok Fried Greens

### Menu B (min. 3 persons) 31.00 per person

<b>Starter</b>	Aromatic Duck Sichuan Style
<b>Second Course</b>	Hot and Sour Soup
<b>Main Course</b>	Lamb Kung Pao Style Monkfish with Ginger and Scallion Chicken in Hot Bean Sauce Stir-Fried Vegetables

### Menu C (min. 4 persons) 30.00 per person

<b>Starter</b>	Chilli Ribs
<b>Second Course</b>	Chicken Noodle Soup
<b>Main Course</b>	Marinated Duck with Plum Sauce Fillet of Beef in Hot Bean Sauce Chicken Kung Pao Style King Prawn with Dry Chilli Pepper Sauce Wok Fried Greens



**10% service charge on parties of 6 or more**  
**100% of tips are distributed to our staff**  
**at the end of each day**

\*Denotes that this dish is served moderately hot & spicy but can be altered to suit ones taste

## Appetizers

<b>Dumpling Shui Jiao in Hot and Spicy Sauce</b> Minced pork wrapped in a home made flour pastry, steamed and served in a broth sauce	6.00
<b>Dumpling Chao Shou in Hot and Spicy Sauce</b> Minced pork wrapped in a light won ton pastry, steamed and served in a broth sauce	6.00
<b>Pan Fried Dumpling Gua Tie</b> Minced pork dumplings, steamed then shallow fried and served with a Chinese vinaigrette dip	6.00
<b>Meat Sung</b> Marinated minced pork and crispy rice stick noodles, served with iceberg lettuce	6.50
<b>Aromatic Duck Sichuan Style</b> Shredded half duck served with pancakes, cucumber, scallion and hoi sin sauce	18.00
<b>Pang Pang Chicken</b> Shreds of cold chicken breast in a hot and spicy sauce	5.50
<b>Zen Hors D'oeuvres</b> A tempting assortment of sesame prawn toast, spare ribs and spring rolls	6.00
<b>Chilli Ribs</b> Short cut tender pork ribs stir-fried with scallion and chilli	5.00
<b>Crispy Spring Roll</b> With shredded duck, carrot and beansprouts	5.00
<b>Spare Ribs</b> Marinated or Barbecued	6.00
<b>Crispy Chicken and Prawn Dumplings</b>	4.50

## Soup

<b>Won Ton Soup</b>	5.00
<b>Prawn Soup</b>	5.00
<b>Fillet Beef Shreds with Seaweed Soup</b>	5.00
<b>Hot and Sour Soup With Minced Chicken*</b>	5.00
<b>Chicken and Sweetcorn Soup</b>	5.00
<b>Chicken Noodle Soup</b>	5.00
<b>Chicken and Mushroom Soup</b>	5.00
<b>Crabmeat and Sweetcorn Soup</b>	5.00
<b>Asian Vegetable soup</b>	4.50

## Seafood

<b>King Prawn with Cashew Nuts Kung Pao Style*</b>	18.50
<b>King Prawn in Spicy Garlic Sauce*</b> A traditional Sichuan standard with garlic, ginger, scallion and chilli	18.50
<b>King Prawn Sizzling Style*</b> Dark soy sauce, garlic, ginger, stir-fried with peppers, onion and mushrooms	18.50
<b>King Prawn with Ginger and Scallion</b>	18.50
<b>Monkfish in Spicy Garlic Sauce*</b> Monkfish delicately battered with garlic, ginger, scallion and chilli	19.00
<b>Monkfish with Ginger and Scallion</b> Monkfish stir-fried with broccoli and scallions in a subtle ginger sauce	19.00
<b>Monkfish with Cashew Nuts Kung Pao Style*</b>	19.00
<b>King Prawn with Wild Sichuan Pepper and Fresh Chilli*</b> Crispy king prawns, dry stir-fried with fresh chillies and Sichuan pepper	18.50
<b>Shredded Squid with Wild Sichuan Pepper &amp; Fresh Chilli*</b> Crispy squid, dry stir-fried with fresh chillies and Sichuan pepper	16.00

## Lamb

<b>Lamb with Cashew Nuts Kung Pao Style*</b>	18.50
<b>Shredded Lamb in Spicy Garlic Sauce*</b> A traditional Sichuan standard with garlic, ginger, scallion and chilli	18.50
<b>Lamb with Ginger and Scallion</b> A mild dish with subtle flavours	18.50
<b>Shredded Lamb with Celery, Fresh Chilli, Sichuan Pepper &amp; Ginger*</b> Classic Sichuan cooking	18.50

## Beef

<b>Stewed Spicy Fillet of Beef with Chinese Leaves*</b> A traditional dish flavoured with crushed Sichuan peppercorns	19.00
<b>Fillet Beef with Cashew Nuts Kung Pao Style*</b>	19.00
<b>Shredded Fillet Beef in Spicy Garlic Sauce*</b> A traditional Sichuan standard with garlic, ginger, scallion and chilli	19.00
<b>Shredded Fillet Beef with Beansprouts, Scallion and Chilli*</b> A Sichuan household speciality	19.00
<b>Fillet Beef in Hot Bean Sauce with Broccoli*</b> A Zen speciality with crushed pickled chilli peppers, a signature dish	19.00
<b>Fillet Beef in Black Bean Sauce</b>	19.00

## Pork

<b>Fillet of Pork with Cashew Nuts Kung Pao Style*</b>	17.00
<b>Shredded Fillet of Pork in Spicy Garlic Sauce*</b> A traditional Sichuan standard with garlic, ginger, scallion and chilli	17.00
<b>Pork Belly Jiang Bao</b> Flame cooked finely sliced belly of pork with a sweet fermented sauce topped with crisp scallions	15.00

## Poultry

<b>Twice Cooked Duck Sichuan Style</b> Marinated duck with Sichuan chilli, stir-fried with vegetables	17.50
<b>Marinated Duck with Plum Sauce</b>	17.50
<b>Chicken with Cashew Nuts Kung Pao Style*</b>	17.00
<b>Shredded Chicken in Spicy Garlic Sauce *</b> A traditional Sichuan standard with garlic, ginger, scallion and chilli	17.00
<b>Chicken Cheng Du</b> Authentic spicy fragrant flavours, cooked with garlic, ginger, peppers and onion	17.00
<b>Shredded Chicken with Beansprouts, Scallions and Chilli*</b> A traditional Sichuan stir-fry	17.00
<b>Chicken in Hot Bean Sauce*</b> A speciality, with crushed pickled chilli peppers	17.00
<b>Chicken with Pak Choi</b> Chicken and crunchy pak choi in an oyster sauce lightly flavoured with ginger and garlic	17.00

Sweet & Sour, Curry and Chow Mein  
Dishes are available on request

**All dishes include steamed rice. Fried rice €1**

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Where possible Zen sources its products from local Irish suppliers.  
All our meat and chicken is Irish and comes from the best suppliers we can find.  
We do not use MSG